

Sleep is where metabolism and memories meet

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日時：2025 年 6 月 27 日（金）15：00-16:30

場所：農学部 1 号館地階 第 5 講義室

Date: 15:00-16:30, June 27, 2025

Venue: Faculty of Agriculture Building No.1 - Lecture room #5 (basement floor)

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Abstract: There have been many hypotheses postulated regarding the function of sleep and its impact on memory. Many studies describe how sleep and cognitive function are interdependent, where periods of sleep loss leads not only to cause impaired memory, but also dysregulated cellular metabolism and energy homeostasis. In this presentation, not only will Dr Tudor highlight research findings that led to her hypothesis that sleep loss is a metabolic disorder, but she will also discuss her journey through sleep and memory research specifically highlighting critical moments in her career and share key skills that supported her growth as a scientist.

Reference:

1. Feeney SP, McCarthy JM, Petruconis CR, **Tudor JC**. Sleep loss is a metabolic disorder. *Sci Signal*. 2025 Apr 8;18(881):eadp9358.
2. Feeney SP, Threlfall E, Bilboa JM, Angelakos CC, Wimmer ME, Kida S, Abel T, **Tudor JC**. Sleep is enhanced in aged male mice that overexpress calcium/calmodulin-dependent protein kinase IV. *Front Neurosci*. 2025 Jun 3;19:1596602.
3. **Tudor JC**, Davis EJ, Peixoto L, Wimmer ME, van Tilborg E, Park AJ, Poplawski SG, Chung CW, Havekes R, Huang J, Gatti E, Pierre P, Abel T. Sleep deprivation impairs memory by attenuating mTORC1-dependent protein synthesis. *Sci Signal*. 2016 Apr 26;9(425):ra41.
4. Vecsey CG, Peixoto L, **Choi JH**, Wimmer M, Jaganath D, Hernandez PJ, Blackwell J, Meda K, Park AJ, Hannenhalli S, Abel T. Genomic analysis of sleep deprivation reveals translational regulation in

the hippocampus. *Physiol Genomics*. 2012 Oct 17;44(20):981-91.

(* 事前のお申込みは不要です / No registration required.)

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